

# **Take Your Team to New Heights!**

The High Ropes Course is one of Santa Barbara Adventure Company's most exciting and inspirational programs. Supported by harnesses and fellow teammates, individuals climb high on ropes, cables and planks. The challenges call upon every team member to participate, presenting opportunities for self-discovery and team growth.



# **High Ropes Course**

Santa Barbara Adventure Company's High Ropes Course consists of a series of group initiatives focusing on the development of communication methods, trust, and problem solving techniques. Through active experimentation, reflection, and application of skills, participants explore the complex and transformative meanings of trust, cooperation, and thinking outside the box, all of which culminate into a unique bonding experience. Throughout this challenge-by-choice program, skilled facilitators guide discussions that directly address parallels to school, work, and life.

Our knowledgeable guides meet the group at the High Ropes course to start the day with an informative safety talk and demonstration and outfit everyone in harnesses and helmets. Participants are encouraged to take a step out of their comfort zone and complete all the elements and are supported even if they only make it a few feet off the ground.

## Suggested start time

1:00pm, duration 2 to 4 hours.

### **Level of Difficulty**

Moderate.

#### Cost

\$115.00 per person, plus service fee. \$600 flat site fee.

Program may be customized or combined to fit group size, time frame, goals, and budget.

#### **Trip includes**

Friendly, knowledgeable facilitators, guided challenges, all necessary equipment including helmets.