

## Explore the Trails and Enjoy the Vistas!

What better way to experience the outdoors than on a scenic nature hike. Discover beautiful waterfalls and breathtaking vistas while exploring one of Santa Barbara's many amazing hiking trails. Learn about the region's cultural history and native species. Our guides will be sure to make your day active, educational and fun!



### Guided Day Hike

A friendly and knowledgeable guide will pick up guests in the morning and shuttle the group to the trailhead. After previewing the day, the group will be off! Fantastic views and solitude await as everyone treks along one of the diverse trails of California's Central Coast.

During the day guides will offer discussions of native plants, local geology and Native American culture. Discover the finer points of the Chaparral plant community, sample edible plants, and learn about wild flowers and herbs.

Served in the shade of a meadow or on a scenic outlook, lunch is an enjoyable deli spread with lots of options including crisp veggies, quality deli lunchmeat and a selection of fresh breads. Cold beverages and water will be provided.

A wide range of options exist in Santa Barbara and Santa Ynez for guided hiking, from coastal bluffs to mountain peaks. Our knowledgeable staff can work to coordinate a hiking trip that fits the goals of your group.

#### **Suggested start time**

10:00am (flexible), duration 3 hours.

#### **Distance**

2 to 4 miles.

#### **Level of Difficulty**

Easy to strenuous. (Customized to group's ability)

#### **Cost**

\$65 per person.

#### **Trip includes**

Knowledgeable guide, natural and human history, deli style lunch, water.