



Stand Up Paddle

Santa Barbara Adventure Company's Stand Up Paddling (SUP) tour is a great introduction to this exciting sport! Come experience Santa Barbara from a totally unique perspective!



Enjoy the Fun, New Sport of Stand Up Paddle. Walk on Water!

This is a great introductory lesson to the sport or a nice relaxing paddle for more experienced guests. Guests meet their guides at the beach, where they are outfitted in wetsuits (optional), PFD's, paddles, and SUP boards. Instructors will give a basic paddling demonstration and safety talk before setting out on the water.

The group will launch from the beach, paddling along the beautiful coastline surrounded by marine life. Explore the harbor, coastline, Stearns Wharf, and surrounding beaches where there is an abundance of wildlife! Common sightings include harbor seals, sea lions, brown pelicans, sea stars, cormorants, and sea gulls.

Guides will facilitate discussions of natural and cultural history, marine ecology, and local trivia en route. Groups have the option of participating in teambuilding initiatives and paddle challenges to keep the team engaged and working together!

Level of Difficulty

Easy to moderate, beginners are welcome. Guests must be comfortable swimming in the ocean.

Cost & Duration

\$89 per person: 2 hours, no lunch

Group Rates (Groups of 8 or more)

\$80 per person: 2 hours, no lunch

Lunch packages can be added starting at \$10 per person.

Trip Includes

Friendly and knowledgeable guides, SUP board, paddle, wetsuit, PFD.

Program may be customized or combined to fit group size, time frame, goals, and budget.

Price does not include 15% service fee for groups.